Aventura Plaza
Rehabilitation & Nursing Center
Michael Alexander, NHA, Administrator

Beautifully renovated and freshly furnished, the state-of-the-art center is home to 86 residents who enjoy daily exercising in the Rehab Room, fine dining featuring a menu tailored to their dietary needs, and fun activities including year round holiday celebrations with family and friends.

MEET LINDA UHUNMWANGHO, R.N.

Born and raised in Nigeria, Africa, Linda attended primary school, high school and university in Nigeria where she earned a Bachelors of Science degree in geography and regional planning. She then served in the National Youth Service Corps which is similar to the Peace Corps.

Married to a pharmacist, Linda has a son, 7, and a daughter, 6. In 1999, Linda and her family moved to Toronto, Canada, where they lived until moving to Miami in 2001. Happily for the Plaza Health Network, Linda decided to pursue a career in Nursing. She went to Barry U., undertaking the accelerated program and graduating with an R.N.

Linda is very serious about her nursing and her career. She wants to learn all there is about caring for the medically frail elderly and enjoys interfacing with and taking charge of the resident’s care. Growing and excelling in her job each day, Linda always strives to do better and to do more.

At the end of the work day, when Linda leaves Aventura Plaza, she changes her nurse’s hat for another hat: MOM! In addition to helping children with homework, Linda takes them to their various activities such as soccer, basketball, swimming, ballet. Family is precious for Linda, and spending time with them is one of her top priorities.
HONORING OUR SOCIAL WORKERS

AND FOR OUR RAFFLE, THE WINNERS ARE:
The Miami Beach Convention Center was abuzz with people from all around south Florida who were interested in learning more about health care services available in the community.

The Plaza Health Network Falls Prevention Booth was non-stop busy with our therapists assessing visitors’ balance and recommending ways to improve their balance. Visitors also had the opportunity to test the omnicycle which is used to build strength and endurance and is available at each of the Network’s Rehabilitation & Nursing Centers.
A LUAU, ARCH PLAZA STYLE, MEANS FUN FOR RESIDENTS, FAMILIES AND FRIENDS

Arch Plaza’s Annual Luau brings joy to all who attend.
DIFFERENT ACTIVITIES ENRICH RESIDENTS LIVES

Pictured Left
Enjoying Current Events so that we know the latest news.

Pictured Right
Exercising means building strength and endurance

Father's Day was filled with great music, good food, fun and Belly Dancers. All of the fathers enjoyed the “show” which livened up the afternoon and brought smiles to everyone's face.

Field Trip for Shopping

WELCOMING DOCTORS: A VISIT TO ARCH PLAZA

From Left to Right:
Dr. Henry Julme, Dr. Harold Merisier,
Dr. Anite Lubin, Mr. Arnelle Monrose,
General Manager of the Doctor Medical Center,
Dr. Fanfan Joseph

Dr. Francelot Moise

2009 King
Cesar Munoz &
Queen Barbara Hall
INTERGENERATIONAL PROGRAMS ARE ENJOYED BY STUDENTS AND RESIDENTS. THEY SHARE MUSIC, ARTS AND CRAFTS AND REFRESHMENTS.

Students from different grade levels at The Cushman School have been visiting Sinai Plaza residents for many years bringing joy to our residents as they sing and share fun times.

BARRY UNIVERSITY’S BUC KIDS campers spent a morning with residents playing games, creating art projects and asking lots of questions. In return, some of the residents attended the camp’s show. Four of the campers have mothers and grandmothers who work at Sinai Plaza.
I SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM!

Located in a charming setting surrounded by quaint shops with pedestrian walkways and little traffic, Kilwin’s was the “hot spot” for a fun outing to Weston hosted by Dr. Frances Berman and her husband Howard. The residents enjoyed lunch on the patio, had a GREAT time dipping strawberries and pretzels into chocolate and still found room for ice cream sundaes.

THE BEAUTIFUL ARIS VISITS SINAI PLAZA EVERY WEEKEND

Aris, a wonderful standard poodle, brings love and joy to our residents, visiting them in their rooms and also in the activities room. Pet therapy is an important and integral part of the residents health care.
VISITORS FROM MIAMI BEACH’S SISTER CITY IN JAPAN TOUR SOUTH POINTE PLAZA AND BRING GIFTS OF FRIENDSHIP

DANCING WITH OUR STARS!

FRIENDSHIPS BLOSSOM AT SOUTH POINTE PLAZA
FAMILIES
MAKE A DIFFERENCE
EVERY DAY AND
ON HOLIDAYS TOO!
Over 300 ladies and gentlemen gathered together for the second Annual Women of Distinction & Caring celebration at a luncheon held at the InterContinental Miami. This year’s “FABULOUS FIVE” honorees included The Honorable Carrie P. Meek, former Congresswoman; Schatzi Kassal, Founder of Project Newborn and The Women’s Breast Health Center at Jackson Memorial Hospital; Sandra Levy, Executive Chairwoman of the Diabetes Research Love & Hope Gala and National Board Member of Diabetes Research Foundation; Diane Magnum, Broadcast Journalist and Founder of Channel 10’s “Magnum’s Force”; and Victoria Villalba, spokesperson for “Go Red for Heart”. “Once again, our honorees have set the standard for excellence in service to our community. From legislation to protect and provide for the elderly, to research to finding a cure both for diabetes and breast cancer, to communicating the message of caring and hope, to speaking out for heart health, each of our honorees has distinguished herself through her good work and each has had an impact on our lives,” said Dr. William Zubkoff, President and CEO of Plaza Health Network.

Guests enjoyed a cocktail reception and silent auction and had the opportunity to test their balance on the Balance Machine, one of the critical pieces of equipment in the Plaza Health Network’s Falls Prevention Program.

White orchids graced the white clothed tables creating an elegant yet warm ambiance in the ballroom. A sumptuous lunch was served and then each honoree was introduced through a video that told their story. It was a beautiful and inspiring afternoon.
THE RIGHT CARE... AT THE RIGHT TIME... IN THE RIGHT PLACE...
WITH DIGNITY AND RESPECT

ADMINISTRATORS

Desiree Santiago, NHA
Regional Administrator
Ponce Plaza

William Zubkoff, PhD, MPH
President and Chief Executive Officer

Michael Alexander, NHA
Administrator
Aventura Plaza

Barry Preter, NHA
Administrator
Arch Plaza

Terry G. Escobar, MBA, NHA
Administrator, Jackson Plaza

Heidi Tucker, MPH, NHA
Regional Administrator
Sinai Plaza

Jesse Dunwoody, NHA
Administrator
Hebrew Home of South Beach

Rachel Schuster, MPA, NHA
Administrator, South Pointe Plaza
THE RIGHT CARE... AT THE RIGHT TIME... IN THE RIGHT PLACE...
WITH DIGNITY AND RESPECT

MEMBERS OF
THE NURSING TEAM

Joyce Galbut, R.N., BSN
Chief Nursing Officer

Claudia Innocent, R.N., MSN
Director of Nursing
Jackson Plaza

Leila Dalid, R.N.
Director of Nursing
Arch Plaza

Josefina Bayani, R.N.,
Director of Nursing,
South Pointe Plaza

Rhodora Pellobello, R.N.
Director of Nursing
Hebrew Home of South Beach

Nerlande Maurilus, R.N.,
Director of Nursing, Aventura Plaza

Amelia Lopez, R.N., Director of Nursing, Ponce Plaza
VOLUNTEERS MAKE A DIFFERENCE

Hands On Miami volunteers spend time with residents sharing arts and crafts, giving manicures, chatting about the latest fashion trends, and coordinating a “Casino Day”.

[Images of volunteers with residents]
IRISH, the therapy dog is enjoyed by residents

MUSIC, MUSIC, MUSIC!

Harpist, Arielle Klepach, performs for residents.

Fryda Ligator is entertained in her room by accordion player David Gordon.

Love In Action Church members entertain residents.

Resident Luis Cruz with his family and music appreciation instructor Rose Marie Lerner.
ACTIVITIES ENRICH RESIDENTS’ LIVES EACH DAY OF THE WEEK

**King & Queen:**
Ramon Gonzalez and Saira Vallejos

**Runners Up:**
Alicia Moore and Arturo Canet

**Commissioner Joe Sanchez and Contestant Riquelma Hernandez**

FIELD TRIP TO THE YOUTH FAIR

Resident Albert Reese

Resident Maria Gala at the petting zoo

Resident Isabel Gonzalez
STUDENTS FROM THE CARROLTON SCHOOL OF THE SACRED HEART VISIT RESIDENTS SPENDING THE DAY IN ARTS AND CRAFTS

Students with resident Maria Mendoza.

Students with resident Thomas Zimmer

Making rainbows with Asuncion Gomez

Maria Rodriguez is pleased with her results.

(Left) Passover dinner shared by Diane Landers and her family.

(Right) Antonia Bacallao and daughter enjoy a birthday dance.

SPIRITUAL NURTURE IS AN INTEGRAL PART OF CARE

(Left) Lourdes Cabrera with sister Caridad during weekly mass

(Right) Carmen Sanchez praying to La Caridad del Cobre
The Jackson Plaza Team is committed to providing the highest quality, most compassionate long-term and rehabilitative care and service to all residents.

MONTHLY ICE CREAM SOCIALS

are popular with residents. The afternoon begins and ends with music; ice cream is served in between!

JACKSON PLAZA’S ANNUAL LUAU IS ALWAYS A HIT WITH RESIDENTS, FAMILIES AND STAFF

In a Hawaiian garden decorated with flowers, palm trees, and banners, the barbeque was fired up and set to serve over 50 residents and family members. Another great way to share fun, music, and delicious food!

ANOTHER MILESTONE FOR DALIA SANCHEZ

Born in La Habana, Cuba on September 3, 1918, Dalia, along with her husband and son, immigrated to the U.S. in August, 1971, making their home in Miami. Jackson Plaza became Dalia’s home in November of 2004. We are proud to care for Dalia; she loves to talk about her life experiences and has a great sense of humor.
HOLIDAY CELEBRATIONS THROUGHOUT THE YEAR, FROM HALLOWEEN TO JULY 4TH, BRING JOY TO RESIDENTS AND THEIR FAMILIES
Message from the Chairman

Dear Friends and Families,

I am pleased to announce that several new members have joined our Board of Directors: Michael Aller, Director of Tourism for the City of Miami Beach; Yossi Duchman of the Jewish Learning Center; Casey Klein of Crescent Heights; Dov Konetz, businessman; Anthony Krayer, Chief Administrative Officer of Memorial Health in Broward County; Alan G. Randolph, Executive V.P. of The Bank of Miami; and Martin W. Wasserman, Attorney. These are all men of distinction and we look forward to their contribution to our organization. Hebrew Homes is strongly committed to meeting all the the needs of seniors in our community.

2009 was an important year for the Women of Distinction & Caring Luncheon. Our honorees are five of the most outstanding women in our community who represent business, health, government, communications and philanthropy. On behalf of the Board of Directors, I thank all who participated. Next year’s event will be even more spectacular. This luncheon is a wonderful way for our network to make new friends and raise funds to benefit the Homes.

Fundraising becomes increasingly important as we face government cutbacks.

Did you know that annually:

- The Network provides $1.2 million in non-reimbursed services
- Serves over 900,000 meals, each meal tailored to the residents’ dietary requirements
- Administers over 2.5 million medications
- Provides over 75,000 physical and occupational therapy treatments
- Coordinates over 20,000 resident activities including family night dinners, intergenerational programs, holiday and birthday celebrations, entertainment days and field trips.

We must continue to grow and plan for the future in which we will have more seniors than ever before needing care. We need your help.

Please consider making a donation to support those who cannot provide for themselves and have no family to which they can turn. Join us TODAY as a member of the Ambassador’s Council. YOUR TAX DEDUCTIBLE GIFT WILL MAKE A HUGE DIFFERENCE TO OUR RESIDENTS AND WILL BE MOST APPRECIATED. Simply complete the attached donation envelope and send it in today. Thanks in advance for your kindness and generosity of heart.

❖ Russell Galbut
CHAIRMAN OF THE BOARD

Plaza Health Network Rehabilitation & Nursing Centers: 8 independent affiliates of Hebrew Homes Health Network

ARCH PLAZA
12505 NE 16th Avenue
North Miami, FL 33161
305-891-1710

HEBREWS HOME
SOUTH BEACH PLAZA
320 Collins Avenue
Miami Beach, FL 33139
305-672-6464

AVENTURA PLAZA
1800 NE 168th Street
North Miami Beach, FL 33162
305-917-1800

PLAZA NORTH
14601 NE 16th Avenue
North Miami, FL 33161
305-945-7631

JACKSON PLAZA
1861 NW 8th Avenue
Miami, FL 33136
305-347-3380

PONCE PLAZA
335 SW 12th Avenue
Miami, FL 33130
305-545-6695

SOUTH POINTE PLAZA
42 Collins Avenue
Miami Beach, FL 33139
305-672-1771

...AND THE PRESIDENT

We are experiencing a time of great change in health care services to all citizens of our community and in particular, to seniors.

At the Hebrew Homes Plaza Health Network, we stand true to our core values of providing outstanding care to each and every resident that we serve. Our mission to provide The Right Care… At The Right Time… In The Right Place… With Dignity and Respect remains constant.

During this time of change and challenge, as our elderly population increases, we also experience opportunities to grow and meet the varied needs and demands of the present as we plan for the future and more seniors

forward to expanding our network so that we can offer Assisted Living and Adult Day Care along with Respite Care, and Hospice Care.

IT TAKES A TEAM: We recognize the exemplary care that our highly professional team of nurses give 24/7. And the Administrators, Dietary Directors and their staff, Rehabilitation Therapy staff, Housekeeping staff, Maintenance staff, Risk Management, Life Safety, as well as Activities staff; all of these individuals contribute to the quality of care our residents receive in our Homes. All of these individuals contributed to the Network receiving 5 star and 4 star recognition by the U. S. Center on Medicare Services. We applaud their commitment to our residents, and to the standard of best practices that we observe.

As the largest not-for-profit network of Rehabilitation & Nursing Centers in Miami-Dade County, serving nearly 1,000 residents we continue our commitment to provide the highest quality, most compassionate long-term care and rehabilitative care and service meeting the needs of our residents, our families, and our employees with compassion, dignity and love.

❖ William Zubkoff, PhD, M.P.H.
PRESIDENT & CHIEF EXECUTIVE OFFICER

www.plazahealth.org