Luncheon Co-Chairs Ingrid Costanzos and Joyce Galbut presented a beautiful and elegant day for over 150 friends and supporters of Hebrew Homes Health Network, who gathered together to honor long time volunteer Jay W. Jensen for his years of service. Jay's mother, Thelma, was a resident at Hebrew Home of South Beach, thus Jay is intimately familiar with the excellent quality of care and loving way his mother was treated. The residents look forward to his weekly class and to seeing their friend and confidant. Joining Jay at this gathering was his dear friend and our special guest, “Cuba’s Queen of Bolero”, Olga Guillot.
Ribbon Cutting at Ponce Plaza

On May 13th, Members of The Board of Directors gathered with community leaders, staff, friends and families of Ponce Plaza to celebrate the completion of Ponce Plaza’s renovations.

CUTTING THE RIBBON (l-r) Vice Provost of FIU Tom Breslin, Russell Galbut, Hebrew Homes Health Network Board Chairman, Dr. William Zubkoff, Board President, Honorable Bruno Barreiro, Miami-Dade County Commissioner, Desiree Santiago, Administrator, Honorable Joe Sanchez, City of Miami Commissioner, Rabbi Benzion Korf, Board Member

CELEBRATING A NEW BEGINNING: (l-r) Luis Del Pozo, Dr. Pages, Dr. Zubkoff, FIU Vice-Provost Tom Breslin, Miami-Dade County Commissioner Bruno Barreiro

Artist Carlos Regalado with 2 of his paintings, on loan for the occasion

RESIDENT’S ART EXHIBIT
Lourdes Gomez, (center )resident artist with staff.

Residents on a field trip to Bayside Marketplace.
FAMILY NIGHT DINNER: Residents, families and staff celebrated the spring quarterly Family Night Dinner. Despite an imposing rain storm, most families joined their loved ones for a memorable evening of fine dining, great fun and fabulous entertainment by Belly Dancer “Amoura”.

INTERGENERATIONAL ACTIVITIES ARE ENRICHING FOR RESIDENTS AND YOUTH VOLUNTEERS
Students from Hands on Miami enjoy Arts & Crafts Projects with residents

FATHER ALBERT DURING HIS MONTHLY VISIT TO THE RESIDENTS, FAMILY MEMBERS, AND STAFF
(l-r): Zoila, Ysaac, Father Albert, Nilda and Eva

OLGA ALVAREZ (CENTER) WITH STUDENTS FROM THE HEBREW ACADEMY

RESIDENTS & STAFF VISITED FAIRCHILD GARDEN AND ENJOYED THE DALE CHIHULY GLASS ART EXHIBIT AMONG THE FLORA
(l-r): Francis, Alex, Richard, Gina, Diana, Alberto, Marlene, Victoria and Catherine.
PRESENTING THE SWEETHEARTS
OF ARCH PLAZA
Finding love
in the
“Golden Years”

Anthony France
& Marie St. Fort

Beverly Freydberg
& Robert Bell

Felix Perez &
Heather Prosser

INTRODUCING!
Resident’s Council President
Desmond Williams

Barbara Martinez, MSW,
Director of Social Services
Celebrating the Holidays of Our Residents:

Residents participated in a wonderful Passover Seder led by Rabbi Boaz Levy of North Miami Beach. Rabbi Levy recited the story of Passover in Hebrew and in English and served the residents all the traditional Seder foods, explaining their significance. It was a very enjoyable celebration for our residents. We extend our appreciation to Rabbi Levy for his inspirational delivery and year round commitment to residents at this facility and throughout the network.

RECOGNIZING NATIONAL SOCIAL WORKERS MONTH

Aventura Plaza held a luncheon honoring our social worker, Jose Artiles, BSW. Friend, confidant, and valuable asset to the Aventura Plaza team, Jose is a true resident's advocate. We commend him for his hard work and for always going the extra mile to make sure the needs of our residents are met...

CELEBRATING A BIRTHDAY OF OUR ESTEEMED NURSE Marian Barrera, LPN, has worked at Aventura Plaza for the past 18 years. Marian's bedside manner is unmatched; she takes the time each day to converse with each of her residents to assure their comfort and well being. Marian's kindness and caring is exemplary. We wish her continued success at our facility and many, many more happy and healthy birthdays.
Meet The Network’s Team Leaders of Nursing

Joyce Galbut
Chief Nursing Officer

Leila Dalid
Clinical Case Manager

Karen Balauat, R.N.
Arch Plaza

Dylia Lamisere, R.N.
Aventura Plaza

Rhodora Pellobello, R.N.
Hebrew Home South Beach

Lavern Nembhard, R.N.
Jackson Plaza

Rebecca Mendoza, R.N.
Plaza North

Amelia Lopez, R.N.
Ponce Plaza

Irene Joaquin, R.N.
Sinai Plaza

Nicole Dorcely, R.N.
South Pointe Plaza
Meet Our Top Notch Team of Administrators

Barbara Yanez-Artiles, MS, NHA
Arch Plaza

Rachel Schuster, MPA, NHA
Aventura Plaza

Jesse Dunwoody, NHA
Hebrew Home South Beach

Terry G. Escobar, MBA, NHA
Jackson Plaza

Barry Preter, NHA
Plaza North

Desiree Sebastian-Santiago, NHA
Ponce Plaza

Heidi Tucker, MPS, NHA
Sinai Plaza

Bill Savett, MPH, NHA
South Pointe Plaza

PLAZA HEALTH NETWORK
8 Independent Affiliates of The Hebrew Homes Health Network
The 2006 Easter Sunday was one of the most exciting celebrations of the year. Residents, families, friends, and staff joined together in a very special holiday. Everyone brought their children and together all participated in an Easter Egg Hunt that brought joy and laughter to all. Residents were eager to help the children find the eggs and with the assistance of the Activity Team, they did!

Following the hunt, the children gathered around the residents to await the naming of the winners...ones who collected the most eggs. Prizes were given to all children, but the BIGGEST WINNERS WERE OUR RESIDENTS. Their smiles lit up the day.

Many thanks to all who participated in this special event!
PLAZA NORTH COMMUNITY HEALTH SERIES

Saturday Health Series, a Plaza North health educational project for the North Miami Community and beyond is an ongoing program to reach out to our surrounding community of friends and neighbors. Two events were held at our facility with more planned for the rest of the year. Lectures were followed by a question and answer period.

Topics and Presenters included:

Dr. Anite Lubin: “Diabetes and Prevention of Hypertension”
Metro-Dade Officer Antoine: “Self Defense and Safety in Today’s World”
Blanca Morales and Ann Marie from MedChoice Pharmacy: “Understanding Medicare Part D”
Bobbi Lougachi, PhD from PsychSource: “Coping with Caregiver Challenges”

Healthy refreshments were served courtesy of the Plaza North Dietary Department; Live Entertainment at the Garden’s Gazebo and fabulous raffle prizes were also part of the day.

Plaza North Residents Are Busy; Their Day Is Filled With Many Activities

Our Garden Club: Mae Williams Enjoys Gardening
Our Cooking Class: Yuanise Noel & Vivian Garrison Create A Healthy Fruit Salad
Our Fish Fry: Nancy Pedreira Enjoys The Fresh Fried Fish
Our Ceramics Class: Mayvis Grimes At Work
FUN AT SINAI PLAZA includes a visit from Slinky The Clown performing his magic with balloon art.

STUDENTS FROM MEADOWLANE ELEMENTARY have been visiting Sinai Plaza residents for many years. Teacher Carol Newport’s Gifted Class participate in monthly programs with our residents during which they share in arts and crafts activities, enjoy bowling, and lunch followed by a concert with the students playing their recorders. These visits are made possible through a grant from Miami-Dade Public Schools in partnership with the Adopt-A-Grandparent Program. Ms. Newport knows Sinai Plaza very well; one of her parents was a former resident.

MONTHLY RESIDENT’S BIRTHDAY PARTIES ARE ALWAYS AN OCCASION TO CELEBRATE!

A birthday celebration included crooner Fernando Suarez serenading the residents with familiar tunes. Everyone sang along, clapped and danced with family and staff.
Showcasing what a day in the life of South Pointe Plaza’s residents is all about:

**PET THERAPY LIGHTS UP THE DAY FOR RESIDENTS AND VISITING CANINES!**

Activities make a difference in the lives of our residents!

(below) Volunteer Mirta Limonta’s visit with Maria Moran and Carmen Diaz brings smiles to all three ladies.
We present this issue of TRADITIONS with great pride in our staff for the devoted care they give to each and every resident and their families. We believe we have a fabulous TEAM and want you to know that Our Homes are Your Homes.

This has been a Golden Year for our network. As we celebrate over 50 years of service, we are in the process of completing renovations on Ponce Plaza and Aventura Plaza. Once each of these rehabilitation and nursing centers is open, we will have space to care for 1,000 residents. This is a hallmark that took fifty years but is not what is most important to us. What remains first and foremost will always be the quality of our care!

On another note, we are prepared for the 2006 Hurricane Season. Each of our 8 rehabilitation & nursing centers has a primary generator as well as auxiliary generators to insure that every resident be comfortable and safe should they be a damaging storm. Families should rest assured that their loved one’s safety and well being is always our primary goal and responsibility. Here at our network the quality of loved one’s care is our barometer for success.

We see from our biblical forefathers that taking care of the sick and elderly is something which must be done, and that is something we try to accomplish here, each and every day for each and every person in our care.

As part of our Golden Anniversary celebration I am pleased to tell you about several initiatives that we have developed in order to reach out to our community:

1. We are filming an infomercial about our network that showcases every aspect of daily life and loving care each resident receives. We believe that our entire South Florida community should know about our Plaza Health Network and each of our 8 independent affiliates of Hebrew Homes Health Network. This is vitally important because we, as a not-for-profit 501 (c ) 3, must go to our families, friends, neighbors and the entire community for donations so that we can help those frail and infirmed elderly at our facilities or who should be at our facilities and are unable to help themselves. When the infomercial is complete we will host a premier

2. We are kicking off THE GOLDEN ANNIVERSARY CAMPAIGN….Our 5 year fundraising campaign to raise FUNDS that will enable the network to meet the needs of a growing population of frail elderly seniors in our south Florida community by establishing new and innovative programs and services that are only available in our network. I am pleased to announce that a major family from our local community has donated $1 million to get our campaign “off the ground”. Your support of our efforts is critical to our success; from Golden Founders to Ambassadors, there is room for everyone to donate. We look forward to talking with you personally about your commitment.

Please do not hesitate to contact us should you have any questions or know of a family in need of assistance. We are here to serve you and your family.

Russell Galbut
CHAIRMAN OF THE BOARD

Plaza Health Network Rehabilitation & Nursing Centers: 8 independent affiliates of Hebrew Homes Health Network

ARCH PLAZA
12505 NE 16th Avenue
North Miami, FL 33161
305-891-1710

HEBREW HOME
SOUTH BEACH PLAZA
320 Collins Avenue
Miami Beach, FL 33139
305-672-6464

AVENTURA PLAZA
1800 NE 168th Street
North Miami Beach, FL 33162
305-947-3445

PLAZA NORTH
14601 NE 16th Avenue
North Miami, FL 33161
305-945-7631

JACKSON PLAZA
1861 NW 8th Avenue
Miami, FL 33136
305-347-3380

PONCE PLAZA
335 SW 12th Avenue
Miami, FL 33130
305-545-6695

SINAI PLAZA
201 NE 122nd Street
North Miami, FL 33161
305-899-4700

SOUTH BEACH PLAZA
305-672-1771

nd the President

Dear Friends and Neighbors:

As we work to meet the needs of our community, NOW, we also look to the FUTURE of care for a growing population of seniors. Research tells us that a Life Care Community, a campus that includes independent living apartments/condos, assisted living apartments, adult day care, and long term care all in close proximity, will be important and in demand. Thus, our GOLDEN ANNIVERSARY CAMPAIGN is designed to address the FUTURE as well as care for TODAY’S residents who cannot care for themselves.

Additionally, we are implementing a model project, Geriatric Assessment & Assistance Program, as part of our plan. GAAP is a program in which a corps of nurses and doctors will visit senior independent living

condominiums and community centers in Miami-Dade County, identify the medically frail elderly, assess their medical needs and assist them in finding the right services available in Miami-Dade to address those needs. We will also have a community lecture series that will feature medical experts discussing their specific areas such as Diabetes Care, Alzheimer’s and Dementia, Needs of Family Care Givers, navigating through the Medicare and Medicaid maze, how to make your health insurance work for you. Wherever possible, we will collaborate with other organizations such as Community Action Agency and Jewish Communal Services so that we are not duplicating services. If there is no service or care in existence for particular individuals, we will work to provide that care.

Good news is always welcome! I am pleased to announce that, for the first time ever, we will have a shuttle service to bring family members to and from our rehabilitation & nursing centers so they are able to visit their loved one. Our buses will also be used to transport residents on field trips and to and from doctor appointments.

I, too, want to commend our TEAM of Health Care Professionals and our Board Members who, each and every day, give their all to make the Plaza Health Network, the best provider of rehabilitation and nursing care in Miami-Dade County. With their commitment we look forward to serving you for many years.

Thank you for taking the time to visit our network. If you have more than one copy of TRADITIONS, please pass it on to a friend.

William Zubkoff, PhD, M.P.H.
PRESIDENT & CHIEF EXECUTIVE OFFICER

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