PROVIDING
The Right Care…
At The Right Time…
In The Right Place…
With Dignity and Respect.
OUR MISSION

To Provide The Right Care…
At The Right Time…
In The Right Place…
With Dignity and Respect

OUR VALUES

- We provide professional and compassionate care for all of our patients.

- We work as a team to make the transition to rehabilitation and nursing home as easy as possible for our residents and their patients.

- We work with our resident’s family in maintaining a home-like environment for their loved one.

- We continuously strive at developing cutting edge programs and services for our patients.

Plaza Health Network is dedicated to providing the seniors with the care they so need regardless of income, race or religion. We are committed to ensuring that our patients receive the highest quality and compassionate rehabilitative and skilled nursing care services meeting their needs and that of their families with warmth, compassion and dignity.
HISTORY OF PLAZA HEALTH NETWORK

The Plaza Health Network was born in 1954, when a group of Jewish women from Miami Beach founded the Hebrew Home of Miami Beach, a 12-resident convalescent home for elderly Jewish people and war veterans.

The first home prospered as an assisted living facility and later, as a nursing home. In the 1960’s the organization received a gift of $1 million from the grateful husband of a patient, Mr. Morris Newmark. With these funds, a second facility – The Hebrew Home of North Dade - was built in the early 1970’s.

The organization continued to grow under the leadership of Leonard Zilbert, chairman, with the strong support of the Women’s Auxiliary. In the early 1990’s, Russell Galbut and Dr. William Zubkoff joined the board, bringing added expertise in real estate and health care administration to the team.

With this strong leadership, Hebrew Homes was now well prepared for the challenges posed by changing demographics in South Florida. In the late 1990’s, the network acquired, renovated and began to operate three additional facilities: Ponce Plaza, Jackson Plaza and Arch Plaza.

Growth continued in the first decade of the new millennium. The Hebrew Homes acquired Plaza North in 2002, Sinai Plaza in 2003, and South Pointe Plaza in 2005. The network’s name was changed to Hebrew Homes Plaza Health Network in 2006; today it is known as The Plaza Health Network.

Five of the seven centers are rated as five star facilities by the U.S. Government Centers on Medicare and Medicaid services. Jackson Plaza is a 5 Star JCAHO Accredited facility. Plaza North is under construction and will become an assisted living facility by the end of 2011. The network serves over 900 residents.

Rehabilitation is an important and integral part of our care and services which include physical therapy, occupational therapy, speech therapy and creative arts therapies. Upgrading our rehabilitation equipment to ensure all facilities remain state-of-the-art is a constant. Our flagship Falls Prevention Program helps residents with their balance and gait, speeding recovery and helping folks return home wherever possible. We are committed to helping residents be the best they can be, and perform at the highest possible level.

Many things have changed since the Hebrew Home of Miami Beach opened its doors more than half a century ago. However, our mission remains the same: the right care... at the right time... in the right place... with dignity and respect for each and every resident.
Located in North Miami, Arch Plaza is a beautifully appointed 98 bed rehabilitation & skilled nursing center. Short term rehabilitative therapy and long term nursing care are available as well as respite care.

The Arch Plaza team of professional licensed caregivers is committed to providing residents with a sense of accomplishment, enjoyment and personal satisfaction. The range of services includes comprehensive physical, occupational and speech therapy, restorative nursing, pain management, wound care, IV Medications, and 24/7 skilled nursing care. Restaurant style dining and dietician planned meals according to residents’ needs are an integral part of life in Arch Plaza.
A busy schedule of activities is available for each resident including field trips to local cultural attractions and shopping, educational classes, garden club, luncheon club, and pet therapy. Beauty and barber shop services are also available as is transportation.

Religious services for all denominations are held weekly. Family meetings and dinners are held quarterly.
Located in the heart of North Miami Beach, in close proximity to Jackson North Medical Center and Aventura Hospital, Aventura Plaza is an 86 bed rehabilitation and skilled nursing center. Services provided are short term rehabilitation care and long term skilled nursing care. Respite care is also available.

The Aventura Plaza team of licensed professional caregivers, experienced in geriatric care, is committed to providing residents with 24 hour nursing care that includes total and complete assistance with bathing, dressing, grooming, meals and medication administration. The outstanding Rehabilitation program, utilizing state-of-the-art equipment, includes physical therapy, occupational therapy and speech therapy.
Three meals, tailor made to meet each resident’s dietary needs, are served in a restaurant style dining room. Snacks and other refreshments are served throughout the day. Kosher meals are available upon request.

Socialization and stimulating activities are held each day and include musical entertainment, arts and crafts, bingo, current events and other classes, inter-generational activities, pet therapy, and visits by school children. Transportation to doctor appointments, shopping and field trips are also available.

Families are invited to visit anytime. Family celebration dinners are held quarterly, birthday celebrations are held monthly and all holidays are celebrated with a dinner and a visit by the appropriate clergy who conduct services.
Located just two blocks from the beach, the original 102 bed Hebrew Home has been serving the community since 1954. Services provided include short term rehabilitation therapy and long term skilled nursing care; restorative nursing, pain management, wound care and skin care therapy, mental health counseling and IV Medications. Outstanding comprehensive rehabilitation services, utilizing state-of-the-art equipment, by certified licensed professionals include physical therapy, occupational therapy and speech therapy.
Activities are a central part of the socialization for each resident. They include arts & crafts, music therapy, religious services, yoga, professional massage, exercise, pet therapy, memory exercises, holiday and birthday parties, bingo and dominoes competitions. Adult education classes in Spanish and English are held weekly as are appointments for manicures, haircuts and beauty salon services. Field trips to cultural events, shopping, banking and physician appointments are also part of the resident’s day.

Restaurant style dining with a menu tailored for each resident is an everyday event. Quarterly family night celebrations are held on the terrace and in the dining room. Special entertainment is an integral part of the evening.
Located within walking distance of three major world renowned hospitals, UM Hospital, Jackson Memorial Hospital and Bascom Palmer Eye Institute, Jackson Plaza, a 120 bed skilled nursing and rehabilitative facility provides dignified care in a home-like environment. Resident’s care and treatment is a primary focus at this center and is provided by qualified registered and licensed professionals. Wound care management, IV therapy, diabetes management, enteral nutrition/feeding, pain management, restorative care, respite care, and HIV/Aids care are included as part of treatment and care.
State-of-the-art rehabilitative services are ongoing daily and include physical therapy, occupational therapy and speech therapy held in the newly renovated rehabilitation pavilion. Dietician planned meals with restaurant style dining is also an integral part of daily life.

Activities are held in the exquisite sanctuary garden, a place for fun, peaceful meditation, dominoes competitions, and family gatherings. Arts and crafts, educational classes, religious services for all faiths, movies, exercise classes, intergenerational programs and field trips are some of the weekly activities. Special amenities include the beauty and barber shop, transportation to doctor appointments, cable television access, telephones, private showers.
Located in Little Havana, the recently renovated 147 bed Ponce Plaza provides both long term skilled nursing and rehabilitative care by a licensed, certified professional staff that believes loving care is a must. The 24/7 skilled nursing care includes wound care management, pain management, IV therapy, restorative care, diabetes management, enteral nutrition/feeding and respite care. Dietician planned meals with restaurant style dining is available daily.

Comprehensive rehabilitation services, individually tailored for each resident, by licensed professionals using state-of-the-art equipment designed for seniors in a fully equipped therapy room. These services include: physical therapy, occupational therapy, and speech therapy.
Activities are an integral part of a resident’s day and include arts and crafts, music therapy, religious services, pet therapy, exercise therapy, educational classes, holiday and birthday celebrations, memory games, gardening, bingo and dominoes and many others. Special amenities include a beauty & barber shop on premises, transportation to doctor appointments, cable television access, telephones, and computer access.
A 150 bed skilled nursing and subacute care center, Sinai Plaza has three types of accommodations: a single room that offers total privacy, a two person shared semi-private room, and a suite which includes two separate bedrooms with a shared living room space. All rooms are fully furnished, pleasantly appointed with warm lighting and inviting colors.

The commitment to outstanding care is a priority; and the full continuum of care which enhances the physical and psychological well being of every resident is standard procedure. While each patient’s treatment is under the supervision of their physician, other specialists, including podiatrists, dentists and ophthalmologists provide on-site services as well.
A busy schedule of activities is available for each resident including field trips to local cultural attractions and shopping, educational classes, garden club, luncheon club, and pet therapy. Transportation to doctor appointments is scheduled when required. Beauty and barber shop services are also available.

Religious services for all denominations are held weekly. Family meetings and dinners are held quarterly.
Located in the heart of South Miami Beach, South Pointe Plaza is a 230 bed skilled nursing and rehabilitation center. The multi-lingual, highly experienced team of health care professionals includes, doctors, nurses, therapists, dietary, social and recreational professionals all working together to develop a plan of care maximizing each resident’s level of potential function. Families play an integral role in the care of their loved one and are encouraged to participate in the family council and in support groups.
The 24/7 short-term and long-term skilled nursing care includes: restorative nursing, pain management, wound care and skin care therapy, dietician planned meals with restaurant style dining, IV medications, Alzheimer’s and dementia care, mental health counseling with social workers, psychologists and psychiatrists. Comprehensive rehabilitation services tailored for each resident using state-of-the-art equipment includes physical therapy, occupational therapy and speech therapy.

Activities enriching the lives of residents include arts and crafts, music and entertainment of all types, religious services for all faiths, pet therapy, bingo and dominoes, holiday and birthday parties, educational classes, memory exercises, intergenerational programs. Special amenities include transportation to doctor appointments, shopping, and cultural events.
• **University Plaza** – a 148 bed Rehabilitation & Skilled Nursing Center with private and semi-private rooms, offering hospital quality skilled nursing care and “state-of-the-art” Rehabilitation pavilion

• **Jackson Plaza** – a 120 bed Rehabilitation & Skilled Nursing Center with planned Assisted Living, offering a dining room/café, beauty salon and barbershop, adult day care center, multi-purpose rooms

• **Claude Pepper Towers** – a Miami-Dade County HUD Independent Living Facility

• **Alzheimer’s Center** – that will include space for family caregivers’ support group and training seminars

• **Rehabilitation Pavilion** – that will include physical, occupational and speech therapies and a therapy pool. Utilizing state-of-the-art rehabilitative equipment, including the new Tibion Bionic leg, in-patient and out-patient services will be available

• **Wellness Pavilion** – offering preventative rehab to help Boomers and Zoomers maintain an active lifestyle while reducing risk of injury.

• **Reception Center** – where families, professionals and other visitors will be greeted and given tours
Rendering of
University Plaza Rehabilitation & Nursing Center

PLAZA HEALTH NETWORK
Award Winning Rehabilitation and Skilled Nursing Centers
8 Independent Affiliates of The Hebrew Homes Health Network

The Right Care... At The Right Time... In The Right Place...
With Dignity and Respect.
Plaza Health Network & Hebrew Homes Foundation
1800 NE 168th Street, suite 200
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305-917-0400

OUR CENTERS

ARCH PLAZA
12505 NE 16th Avenue
North Miami, FL 33161
305-891-1710

AVENUTRA PLAZA
1800 NE 168th Street
North Miami Beach, FL 33162
305-917-1800

HEBREW HOME
SOUTH BEACH PLAZA
320 Collins Avenue
Miami Beach, FL 33139
305-672-6464

JACKSON PLAZA
JCAHO Accredited
1861 NW 8th Avenue
Miami, FL 33136
305-347-3380

PLAZA NORTH
Under Construction
14601 NE 16th Avenue
North Miami, FL 33161
305-945-7631

PONCE PLAZA
335 SW 12th Avenue
Miami, FL 33130
305-545-6695

SINAI PLAZA
201 NE 112th Street
Miami Shores, FL 33161
305-899-4700

SOUTH POINTE PLAZA
42 Collins Avenue
Miami Beach, FL 33139
305-672-1771

Visit us at www.plazahealth.org

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The Hebrew Homes Plaza Health Network does not discriminate against any person on the basis of race, color, national origin, disability or age in admission, treatment or participation in its programs, services and activities, or in employment. For further information about this policy, contact Tom Nichols, HR Director at 305-917-0400.